

 PHARMANEX® kids  
**JUNGAMALS®**

Pharmanex Kids products are the safe, hassle-free way to give your child the nutritional support they need to help them succeed in school and in life.

### MEET JUNGAMALS

The ultimate fusion of science and fun. Jungamals is a complete formula that gives kids just the right amounts of the right key nutrients to support healthy growth and development. It's made with better vitamins and minerals, in more bioavailable forms for improved absorption. And it's free from artificial colors, flavors, sweeteners, and preservatives you don't want or need. And thanks to SCS certification, you can know your child's supplements are working to improve their carotenoid score by tracking their progress using a Pharmanex BioPhotonic Scanner. Plus, Jungamals has a delicious, kid-approved grape flavor and fun packaging that make taking vitamins a treat instead of a chore. There's no better way to supplement your child's nutrition than with this healthy, delicious daily win.

### WHY YOU'LL LOVE IT

- Level-I SCS-certified for measurable results you can see using a Pharmanex BioPhotonic Scanner.
- Supports healthy growth and development.\*
- Supports healthy cellular function.\*
- Supports healthy bones and teeth with calcium and other important nutrients.\*
- Protects young bodies with several antioxidants.\*
- Supports energy metabolism.\*
- Promotes healthy immune function.\*
- Supports healthy brain and eye development.\*
- Supports healthy hair, skin, and nails.\*
- Provides a spectrum of 26 essential vitamins and minerals, perfect to provide the right support for kids—even picky eaters.



- Promotes healthy development and nutritional balance for children.\*
- Supports overall wellness.\*
- Free from artificial colors, flavors, sweeteners, and preservatives.

### WHAT POWERS IT

- A carefully formulated blend of the **right amounts of the right ingredients** to support your child's healthy growth and development.
  - **Carotenoids**—beta carotene, lycopene, and lutein.
  - **Vitamins**—including unique methylated B vitamins, vitamin D<sub>3</sub>, vitamin K<sub>2</sub>, and more.
  - **Minerals**—including iron, zinc, selenium, calcium, magnesium, and more.
  - **Choline**—an essential nutrient important for brain development.
- Specially chosen nutrient forms for improved bioavailability—including vitamin E, vitamin D<sub>3</sub>, and marine calcium and magnesium.

### HOW TO USE IT

Children 2 to 3 years old: chew one tablet daily.

Children 4 to 8 years old: chew two tablets daily.

Children 9 to 12 years old: chew three tablets daily.

Store in a cool, dry place.

### TRY THESE WITH IT

- Mighty Minds®
- Defendables
- g3

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## LEARN MORE ABOUT IT

**Will Pharmanex Kids Jungamals raise my child's scanner score?**

Yes! Jungamals is SCS-certified, so it will raise your scanner score if you take it as directed for two months.

**What is SCS certification?**

SCS certification means that our scientists are confident that this product will raise your skin carotenoid score, or SCS, as measured by our Pharmanex BioPhotonic Scanner. Carotenoids are a class of important antioxidants and can come from a variety of sources, including fruits, vegetables, and your supplements. If a product is SCS-certified, then you can expect that using it will increase your scanner score over time.

**What do different levels of SCS certification mean?**

Higher levels of SCS certification correlate to larger expected scanner score increases and are based on the quantity and bioavailability of relevant nutrients in each product. In other words, you should expect to experience larger scanner score increases if you take a level II SCS-certified product compared to if you take a level I SCS-certified product.

**How does Jungamals compare to the competition?**

Jungamals is one of the most nutritionally balanced children's daily multivitamin supplements available. Its optimized formula emphasizes the most important needs in childhood nutrition: growth and development, bone health, immune function, antioxidant protection, and common vitamin and mineral deficiencies.\* This includes nutrients like calcium, magnesium, iron, zinc, carotenoids, and choline, which are commonly low or missing in children's supplements. Jungamals includes all this, but still has a delicious, kid-approved, low-sugar grape flavor that children absolutely love.

**Does Jungamals contain any artificial colors or preservatives?**

Jungamals includes zero artificial colors or preservatives. We added a safe, tiny amount of natural color, and the product is kept fresh simply by its high levels of antioxidants, so no other preservatives are necessary.

**Why isn't there any fluoride in the formula?**

Fluoride is not FDA approved for use in dietary supplements. Fluoride administration must be individually assessed by a physician or dentist in consideration of local drinking water fluoridation practices and dental health.

## SCIENCE THAT PROVES IT

1. Kwon KM, Shim JE, Kang M, Paik HY. Association between Picky Eating Behaviors and Nutritional Status in Early Childhood: Performance of a Picky Eating Behavior Questionnaire. *Nutrients*. 2017;9(5):463. Published 2017 May 6.
2. Lam LF, Lawlis TR. Feeding the brain—The effects of micronutrient interventions on cognitive performance among school-aged children: A systematic review of randomized controlled trials. *Clin Nutr*. 2017;36(4):1007–1014.
3. Tardy AL, Pouteau E, Marquez D, Yilmaz C, Scholey A. Vitamins and Minerals for Energy, Fatigue and Cognition: A Narrative Review of the Biochemical and Clinical Evidence. *Nutrients*. 2020;12(1):228. Published 2020 Jan 16.
4. Tam E, Keats EC, Rind F, Das JK, Bhutta AZA. Micronutrient Supplementation and Fortification Interventions on Health and Development Outcomes among Children Under-Five in Low- and Middle-Income Countries: A Systematic Review and Meta-Analysis. *Nutrients*. 2020;12(2):289. Published 2020 Jan 21.
5. Winzenberg TM, Powell S, Shaw KA, Jones G. Vitamin D supplementation for improving bone mineral density in children. *Cochrane Database Syst Rev*. 2010;(10):CD006944. Published 2010 Oct 6.

WHAT'S IN IT

**Supplement Facts**

Serving Size: 2-3 years old—1 tablet      Servings Per Container: 90  
 Serving Size: 4-8 years old—2 tablets      Servings Per Container: 45  
 Serving Size: 9-12 years old—3 tablets      Servings Per Container: 30

	Amount per Tablet	% DV for Children 2-3 Years of Age	Amount per 2 Tablets	% DV for Children 4-8 Years of Age	Amount per 3 Tablets	% DV for Children 9-12 Years of Age
Calories	0 Cal		10 Cal		15 Cal	
Total Carbohydrate	1 g	1%*	2 g	1%**	3 g	1%**
Total Sugars	<1 g		2 g		3 g	
Incl. Added Sugars	<1 g	3%*	2 g	3%**	3 g	5%**
Vitamin A (100% as beta carotene)	1000 mcg RAE	333%	2000 mcg RAE	222%	3000 mcg RAE	333%
Vitamin C (as Sodium Ascorbate)	20 mg	133%	40 mg	44%	60 mg	67%
Vitamin D <sub>3</sub> (as Cholecalciferol)	6.7 mcg	45%	13 mcg	65%	20 mcg	100%
Vitamin E (as D-alpha-tocopheryl acetate)	10 mg	167%	20 mg	133%	30 mg	200%
Vitamin K <sub>2</sub> (as Menaquinone-7)	5 mcg	17%	10 mcg	8%	15 mcg	13%
Thiamin (as Thiamin mononitrate)	0.3 mg	60%	0.6 mg	50%	0.9 mg	75%
Riboflavin	0.3 mg	60%	0.6 mg	46%	0.9 mg	69%
Niacin (as Nicotinamide)	4 mg NE	67%	8 mg NE	50%	12 mg NE	75%
Vitamin B <sub>6</sub> (as Pyridoxine HCl)	0.4 mg	80%	0.8 mg	47%	1.2 mg	71%
Folate (as Methyltetrahydrofolic acid)	111 mcg DFE	74%	222 mcg DFE	56%	333 mcg DFE	83%
Vitamin B <sub>12</sub> (as Methylcobalamin)	0.7 mcg	78%	1.4 mcg	58%	2.1 mcg	88%
Biotin	7 mcg	88%	14 mcg	47%	21 mcg	70%
Pantothenic Acid (as D-calcium Pantothenate)	1.5 mg	75%	3 mg	60%	4.5 mg	90%
Choline (as Choline Bitartrate)	30 mg	15%	60 mg	11%	90 mg	16%
Calcium (as Calcium Lithothamnion, Calcium Citrate)	42 mg	6%	83 mg	6%	125 mg	10%
Magnesium (as Magnesium hydroxide, Magnesium citrate)	18 mg	23%	36 mg	9%	54 mg	13%
Zinc (as Zinc Citrate)	2.5 mg	83%	5 mg	45%	7.5 mg	68%
Selenium (as L-selenomethionine)	20 mcg	100%	40 mcg	73%	60 mcg	110%
Manganese (as Manganese Bisglycinate)	0.7 mg	58%	1.4 mg	61%	2.1 mg	91%
Copper (as Copper Gluconate)	0.25 mg	83%	0.5 mg	56%	0.75 mg	83%
Iodine (as Potassium Iodide)	45 mcg	50%	90 mcg	60%	135 mcg	90%
Iron (as Ferrous Fumarate)	2 mg	29%	4 mg	22%	6 mg	33%
Molybdenum (as Molybdenum Glycinate)	11 mcg	65%	22 mcg	49%	33 mcg	73%
Chromium (as Chromium Nicotinate Glycinate)	8 mcg	73%	16 mcg	46%	24 mcg	69%
Sodium	0 mg	0%	5 mg	0%	10 mg	0%
Lycopene	1 mg	†	2 mg	†	3 mg	†
Lutein	0.33 mg	†	0.67 mg	†	1 mg	†

\* Percent Daily Values are based on a 1,000 calorie diet. \*\* Percent Daily Values are based on a 2,000 calorie diet. † DV not established

**OTHER INGREDIENTS:** Sucrose, Xylitol, Natural Flavors (Grape, Lemon), Magnesium Stearate, Malic Acid, Carmine (color)  
**CONTAINS:** Fish (Cod, Pollock, Haddock, Hake, Cusk, Redfish, Sole, Flounder)

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